



# LOUGHTON RESIDENTS ASSOCIATION

**LRA's Farmers Market on Centric Parade, High Road  
Now on the second Sunday of each month!  
Next market Sunday October 8<sup>th</sup> 9am – 3pm**

**If you could put up a poster (on your gate, a tree or in your window) to tell your neighbours of the change, please contact me for a laminated copy - [david.linnell@loughtonresidents.co.uk](mailto:david.linnell@loughtonresidents.co.uk)**

**Our thanks to the members who've already contacted us  
– there's no need to do so again.**



**KEEP UP WITH THE NEWS  
BETWEEN OUR EMAIL BULLETINS**



**TWITTER: Follow us on Twitter at @LoughtonRA  
Not on Twitter? See our tweets at [www.loughtonresidents.org.uk](http://www.loughtonresidents.org.uk)**

**FACEBOOK: *Like and Follow* our Facebook page by going to  
[www.facebook.com/LoughtonResidents](http://www.facebook.com/LoughtonResidents)**

**NOTES**

1. We expect to send out the next news bulletin on Friday October 6<sup>th</sup>.
2. In the process of drafting these items and sending them by email, some links to websites or email addresses can be broken; you can get round this by right-clicking on the link and then clicking “open” or, if this does not work, by cutting and pasting the address into an email or browser as appropriate.
3. If a web address doesn’t work, or anything else is wrong, please let us know at [david.linnell@loughtonresidents.co.uk](mailto:david.linnell@loughtonresidents.co.uk)
4. LRA gives no warranty about, and will take no responsibility for, items or services offered – purchasers/users should make their own enquiries, and will be acting at their own risk.
5. To enlarge a picture, click on it and then drag one of the corners outwards
6. EFNW = Epping Forest Neighbourhood Watch

David Linnell

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**For more about LRA & Loughton see [www.loughtonresidents.co.uk](http://www.loughtonresidents.co.uk)  
or email [contact@loughtonresidents.co.uk](mailto:contact@loughtonresidents.co.uk)**

Promoted by & on behalf of Independent Loughton Residents Association of 20 Eleven Acre Rise, Loughton, Essex IG10 1AN